

St Mary's Catholic High School, Leyland

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Dear Parents / Carers,

I am writing to inform you that as part of our Personal, Social, Health, Citizenship and Economic Education (PSHCEE) curriculum, Year 11 pupils will be taking part in a 'Personal Development' Super Learning Day on Thursday, 3rd March. This Super Learning Day is designed to fulfil St Mary's duty to extend our curriculum beyond the academic and vocational; we believe it essential to support our pupils to develop in many diverse aspects of their life, including knowing how to keep themselves safe from the various threats and dangers facing citizens of the 21st Century. This event also encompasses the new statutory requirement for us to deliver Relationship and Sex Education, within the ethos of our school.

Six external providers will be visiting school to deliver the following one-hour sessions:

- Lancashire Police Hate Crime Unit – Discrimination and Hate Crime
- Lancashire Fire and Rescue – Wasted Lives
- NHS – Communication, Consent and Sexually Transmitted Diseases
- Amy Winehouse Foundation – Substance Misuse
- KOOTH - Managing Stress and Anxiety
- Lancashire Police Hate Crime Unit – County Lines

Although the subject matter may appear hard hitting, I can assure you that all material is age appropriate and will be delivered in a sensitive manner by experts in the field. Furthermore, at the beginning and end of each session pupils will be reminded that there are members of staff to whom they can go for support if they are affected by any of the messages. They will also be signposted to external support agencies.

To ensure the day runs as smoothly as possible we are asking all pupils to bring a packed lunch with them, including a drink, other than free school meals pupils who will be provided with a lunch from the school canteen.

We believe that these Super Learning Days are of great benefit and are a necessity to facilitate the holistic education of our pupils. If you have any concerns, or if you wish to withdraw your child from any of the sessions, please do not hesitate to contact me.

Yours sincerely,

Mrs. L. Pilling
Assistant Head Teacher